



WHERE CREATIVITY
AND COMMUNITY
COME TOGETHER

NordSync Forum III

MOIRANA 25.10-26.10

Seminar for performing artists and leaders
of volunteer cultural organisations,
focusing on interdisciplinary concert
production.

NordSync Lab I

MOIRANA 25.10-26.10

collaborative workshop and concert
uniting professional artists and young
musicians across borders



NordSync Forum 2025

NordSync Forum is an international seminar for performing artists and voluntary cultural organizations, focusing on collaboration and interdisciplinarity. This year's Forum brings together professionals and volunteers from across the Nordic region to exchange experiences, explore new ways of working together, and strengthen local culture through art. The program features lectures, workshops, and concerts, and concludes with the launch of the first NordSync Lab.

NordSync Lab #1

NordSync Lab is a new initiative within the NordSync framework, designed to provide space for artistic collaboration and foster interdisciplinary productions. The Labs are a natural continuation of the Forum, where ideas are developed into complete productions that can later be presented in other venues and contexts.

Each Lab production must:

- Be interdisciplinary
- Include artists from at least two Barents countries
- Involve a local voluntary organization (e.g. through masterclasses or participation by amateur performers)
- Receive co-financing or contributions from local partners

Four Labs are planned during the 2025–2026 season, each resulting in a unique production.

The first Lab focuses on a collaborative stage production between orchestral societies from Rødøy and Rana, together with professional musicians from Nordavind Ensemble and KammeRana.

PROGRAM

Saturday, 25th of October:

09:00 – Arrival of participants/ Breakfast (Helma) / Registration for the seminar.

10:00 – Opening Ceremony:

Stepan Frolov, Project Leader: Report on NordSync's activities in 2024–2025.

13:00 – Opening Ceremony:

Welcome address by a cultural representative from Rana Municipality.

Stepan Frolov, Project Leader: Report on NordSync's activities in 2024–2025.

10:30 – Presentation of participants and their projects.

12:00 – Lunch*

13:00 – NordSync Lab rehearsal – project “Rainbow Strings Goes Opera!”

Collaboration with Strykekameratene, Røddøy Orkesterforening and KammeRana /

Meeting time / Free time

14:30 – Coffee break

15:00 – Ekaterina Bespalova, actress, director: “Where theatre and music meet”

16:00 – Discussion / Meeting time

17:00 – Workshop with Ekaterina Bespalova, Røddøy Orkesterforening and

Strykekameratene in the Chamber Hall at Rana Kulturskole.

18:30 – Dinner* at Helma + social gathering / networking.

Sunday, 26th of October :

09:00 – Breakfast* (Helma).

10:00 – NordSync Lab rehearsal / planning session for upcoming NordSync activities

11:30 – Coffee break (fika / fruit).

12:00–12:30 – Concert performance at Rana Kulturskole (NordSync Lab #1).

13:30 – Lunch* at Meyergården / Closing.

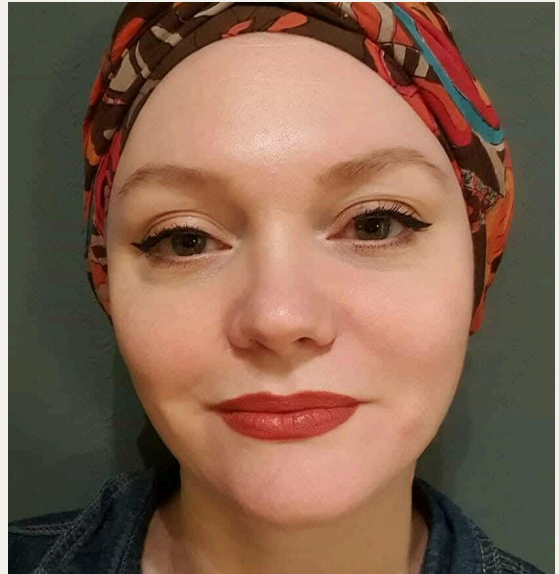
*Meals: Breakfast is provided for all participants staying at the hotel. Lunch and dinner are complimentary for all participants.

**There may be adjustments to the schedule.

About the speaker:

Ekaterina Bespalova

is a professional actress, director, and theatre pedagogue. She studied at the State Theatre Academy in St. Petersburg, where she graduated with distinction. Since 2010, she has been based in Norway, where she founded RuNo Teater and has continued her artistic and educational work as an actress, director, and teacher. She has taught at Tromsø Kulturskole and Kulta and has been involved in numerous productions as an actor, translator, producer, and director.



In 2023, she received both the **Frilansprisen** and the **Barents Art and Culture Award** for her active contribution to international cultural collaboration in the Barents region.

Bespalova has collaborated with a wide range of institutions and companies, including Davvi – Centre for Performing Arts, Ferske Scener, Haugen Produksjoner, Tromsø Kulturskole, the Kven Institute, UiT's Theatre Department, Small Projects, Samovarteateret, and Hålogaland Amateur Theatre Association.

More info: <https://nordsyncproject.com>